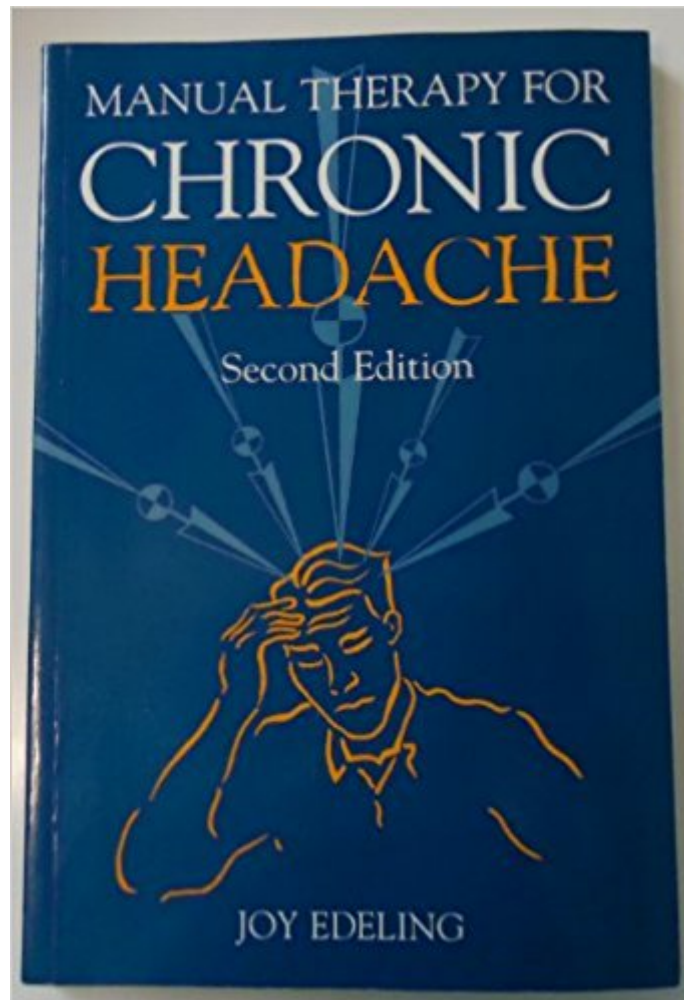




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# Manual Therapy For Chronic Headache



## Synopsis

Although there is abundant literature on the subject of headache there is very little that discusses treatment that does not rely on drugs. This practical, "how to" textbook for manual therapists, gives specific and detailed treatment techniques, applications and general management of the headache condition. Thoroughly revised and updated, this edition refers to research in manipulative therapy which has been published since the appearance of the first edition. It describes, in the chapter on "difficult cases", deeper examination, assessment and alternative treatment techniques of the cervical spine and also of other cervical structures which contribute to the headache syndrome. In addition the book continues to discuss many aspects of chronic headache including the conceptual background, differential diagnosis and the debate which surrounds its diagnosis. Essential reading for all physiotherapists, this book will also be invaluable to anyone with an interest in headache and its management.

## Book Information

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## Customer Reviews

Doctors don't see this as a category of headaches and unfortunately many headaches are misdiagnosed and never get applicable treatment. This is a treasure simply because it is unique knowledge overlooked by mainstream.

Written for physical therapists. The author believes many chronic headaches have a cervical origin and that while continued use of analgesics may ease the symptoms, they do not address the

underlying cause. This book defines the types of headaches patients suffer from, what factors trigger joint pain, how to diagnose headaches, and treatment based on the work of Geoff Maitland, author of Vertebral Manipulation.

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